

PREBER

SPORTS AND LEISURE REGION

Summer at the Preber

- Nature and habitat
- History and tradition
- Flora and Fauna
- Sports and leisure
- Huts & refreshment stops
- Arrival and traffic
- Respectful in nature
- Maps
- Winter at the Preber



»Connecting
Mountain.«

THE PREBER LAKE



*»An alpine
moor lake
1.514m above
sea level.«*



Nature and habitat

The lake is surrounded by wet and moor border meadows as well as upland and transitional moors that offer habitat for several animals and plants. The pine upland moor in the east of the lake is one of the most valuable habitats in this area. As moor lake, the Preber lake has a very special water quality. Few mineral salts make the water very soft and the acids from the peat stain it brown. Lack of light in the deeper layers makes it difficult for aquatic plants to thrive. The low oxygen content of the water means that self-cleaning of the lake takes a very long time in the case of soiling of any kind. Hence, a careful use is necessary.

LOCATION & SURROUNDING

The 5.6 ha mysterious Preber lake is nestled in a friendly sunspot at 1.514m above sea level, in the north-east of Tamsweg, near the border of Salzburg and Styria. The lake is considered a jewel of the Lungau mountain world and part of the landscape preservation area "Lower Tauern", a hilly woodland characterized by moors. Striking contrast to the gentle moorland is the almost 2.740m high Preber mountain.



HISTORY AND TRADITION

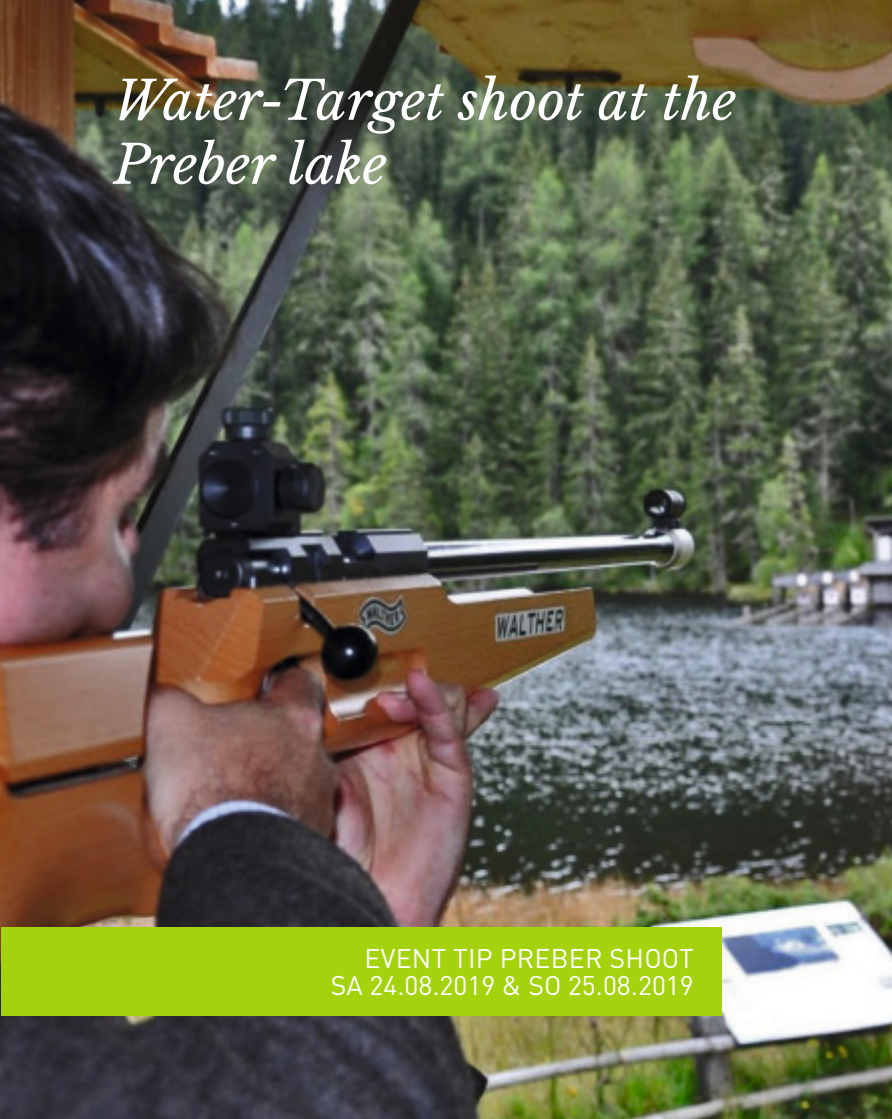


In the past, it was not the soothing mountain sun, but the call of gold, which has attracted treasure hunters for centuries. In old Venediger books the bishop hole is mentioned that lies under the Trogleiteneck on the way to Preberspitze. A gold tunnel is recorded as a high hole from which one good gold ore was won for a long time. Rock inscriptions at the entrance to the protected cave recall the past times.



The legend says that in the distant future, the still waters will overflow their banks and flood the entire Mur valley. Finally, a golden harrow is washed out that is so precious that everything can be rebuilt from it, even the Leonhard church. Today, we know better and take the golden dots, flashing in the dark bog water due to the Preber sun, as those grains of truth, hidden in every legend.

Water-Target shoot at the Preber lake



EVENT TIP PREBER SHOOT
SA 24.08.2019 & SO 25.08.2019

PREBER SHOOT

The water-target shoot at the Preber lake is unique. On the shore of the lake, slices are placed so that the mirror image in the lake can be shot and the projectile jumps into the target. The distance is 120m. One of the most common goal errors is due to the reversal of the target in the mirror image. If a shot is displayed too high, the shooter must aim even higher and vice versa. The origin of the shooting is unknown. It has been proven that shooting has been carried out since 1834. Since then it is one of the Lungau's cultural highlights.



FLORA AND FAUNA

... around the Preber lake



THE ROUND-LEAVED SUNDEW (DROSERA ROTUNDIFOLIA)

The round-leaved sundew is a carnivorous plant that balances nutrient deficiencies in the bog by digesting animal food. In former times it was used as a medicinal plant against whooping cough and bronchitis, today it is under nature protection.



THE SHEATHED COTTONSEDGE (ERIPHORUM VAGINATUM)

In summer, the bog is dominated by white dabs. These are the fruit of the shaggy wool grass, which was used in wound healing in Scottish lazarets during the first World War, among other things. This rare and endangered plant is found in tall, arching horsts that can live up to 150 years.



THE BOG GENTIAN OR FELWORT (SWERTIA PERENNIS)

The felwort can be found in the moor meadows around the Preber Lake. It blooms at the end of July / August and grows up to 40 cm high. This species of gentian is extremely rare in the Alps and already extinct in many parts of Europe. That is why we have a special responsibility for its existence in the Lungau.



THE PRIMULA FARINOSA (BIRD'S-EYE PRIMROSE)

This primrose has its name from the floury coating on the flower stem and the basal leaves. It grows on calcareous soils and at this location is a pointer plant for the presence of limestone in the crystal-line rock.



THE BOG ROSEMARY (ANDROMEDA POLIFOLIA)

The bog rosemary, also called swamp rosemary or lavender heather, is an evergreen shrub that is found predominantly in heath landscapes and raised bogs. It is reminiscent of rosemary or lavender, but should not be confused with it as it is highly toxic.



THE ARCTIC CHAR (*SALVELINUS ALPINUS*)

The existence of the Arctic char is due to the last ice age. Cut off from the ice masses, isolated trunks developed in the alpine lakes. These archetypes are magnificent and difficult to fish, relatively rare and an absolute highlight in the fish kitchen. The Arctic char is an elongated fish, its most striking feature is the white hem of the reddish-colored breast, abdomen and after fin



THE GRASS FROG (*RANA TEMPORARIA*)

The grass frog has a dark to reddish-brown color, which is covered with numerous spots for better camouflage. In spring, the females lay two spawn bales with up to 1,000 eggs.



THE ADDER (*VIPERA BERUS*)

The adder is a relatively small diurnal poisonous snake. She prefers habitats such as alps, moors and swamps. Often you can also find them in rocks and scree fields. From the end of August to the beginning of October, the female gives birth to up to 15 young.



THE COMMON LIZARD (*ZOOTOCA VIVIPARA*)

Where adders are, there are also lizards. For camouflage, their back color is brown to gray with a dark longitudinal stripe and many spots that make it almost merge with the underground. These 16 cm long animals have a strong tail, which can be thrown off.



EUROPEAN CRAYFISCH (*ASTACUS ASTACUS*)

In the isolated Prebersee, the crayfish find a clean water where they can gather and hide during the day in the shore area. At dusk, they become active and go on a foraging trip. The crayfish is up to 16 cm long and the males up to 300g. When fighting, the crayfish must not worry about the pliers and legs. If a rival pinches a pair of scissors, it will grow again on the next peeling.



ALPINE NEWT (*ICHTHYOSAURA ALPESTRIS*)

The mountain newt with its gray dorsal skin coloring presents itself almost inconspicuously. If you turn it around, however, then an orange glowing belly comes to light.

LEISURE AT THE PREBER



Moor trail

In the sports and leisure region Preber, the moor nature trail around Preber Lake invites you to a relaxing and informative round trip. Several information boards provide information about the flora and fauna as well as the history of the area. The trail is wheelchair and stroller suitable.

DURATION: CA. 45 MINUTES FROM THE PARKING AREA.

Bathing

The Preber lake is used in summer for swimming. The lake is a protected area and therefore only accessible at the given access areas.

Please note that there is a bathing prohibition for dogs at the public bath access areas and that they must be kept on a leash.

Good fishing at the Preber lake

The Lungau is known for its natural waters. Pure, cold water flows through the valleys, and thus abundance of fish and nutrient supply are considerable. Also, on the Preber lake there is the possibility to fish. If you want, you can get a fishing card and try your luck at catching the brown trout.

FISHING
Infos &
Cards

- Tourist office Lungau, Tel. +43 (0)6474 2145
- Inn Ludtalm at the Preber lake
- Local authority Tamsweg, Tel. +43 (0)6474 7711

Costs: Day pass € 31,-
(Official card for 1 day € 7,-)

Hiking tips...

PREBER CIRCULAR PATH

On Preber Lake at the Ludlalm a forest path branches off to the left of the road. A red-white-red mark, as well as an Alpine club sign, indicates the way to the Preber. Following the marker you will reach the Prodingeralm at 1.734m (not managed) after a moderate climb in about 40 minutes. Here you have a nice view on the Preber. If you follow the path half-way through a short wooded area, you reach Preber-Halterhut (1.862m) after half an hour. From there, the path continues to the Grazer hut (1.897m) and then to the Preber road which leads back to the Ludlalm and the Preber lake. Alternatively, the track can be reversed.

SIGNAGE: NR. 16

DURATION: CA. 4,5H DEPENDING ON PACE

DEGREE OF DIFFICULTY: MEDIUM



PREBER SUMMIT TOUR

The Preber (2740m) is one of the highest peaks of the lower Tauern and is a popular destination. The starting point of the summit tour is the Ludlalm near the Preber Lake. Immediately opposite the Ludlalm a forest path leads into the forest, which one leaves soon on a marked path (nr 787a). After about 1 hour you reach the Preber-Halter hut, which is managed in summer. From there it goes above the forest line on a narrow but well-accessible hill steadily uphill to Roßcharte and continue to Preber summit. The descent leads along the marking nr 787 over the Roßcharte to the managed Grazer hut and further back to the Ludlalm.

SIGNAGE: NR. 787 / 787A

DURATION: CA. 7-8H DEPENDING ON PACE

DEGREE OF DIFFICULTY: MEDIUM



STAR Hikes

The Preber area is a particularly good place to watch the stars and is considered a secret tip among star watchers and astronomers. The secret is the low light pollution.

GUIDED STAR HIKES AROUND THE PREBER LAKE

NEXT DATES:

23.08.2019 - 22:00 bis 00:10

28.08.2019 - 20:30 bis 22:30

MEETING POINT:

Ludlalm (Preber lake parking area)

COSTS:

free

GUIDE:

Othmar Ortner

REGISTRATION & INFO:

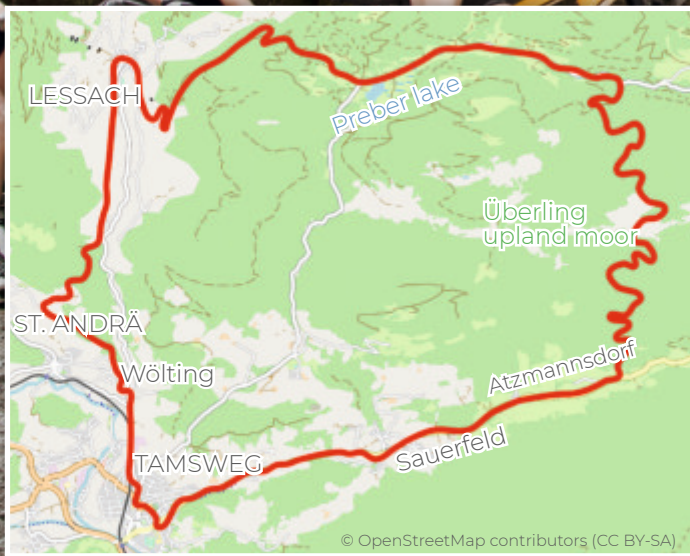
TVB Lungau - Tel.: +43 (0)6474 2145

MOUNTAIN BIKING

PREBER TOUR

The tour starts in Tamsweg and leads via Sauerfeld to the Preber lake, down to Lessach and continues via Haslach and Wölting back to Tamsweg.

Length: 35,9 km
Highest Point: 1.862 m
Difficulty: challenging
Road surface: Asphalt, gravel





MOUNTAINBIKE PREBER TOUR

SIGNAGE: "14 PREBER RUNDE" FROM SAUERFELD

The tour starts in Tamsweg on the bike path to Sauerfeld. From there, continue on the road to Atzmannsdorf until Schloßberg (KM 7,1), then left uphill to Ötzboden (KM 10,3). The highest point is reached at KM 12,2 then it goes downhill to the asphalt road (KM 15,9). Then turn left to Preber lake and Ludlalm. After a short climb it goes downhill to Lessach (KM 25,9). When you pass the church, turn right. There is another strong climb near the ruin Turnschall. Then it goes left via Haslach and Wölting back to Tamsweg.

VARIANT PREBER HALTER HUT: If you want, you can drive up the forest road from Ludlalm (at KM 20,4) along several bends up (ca. 3,3km + 350hm) to the Preber-Halter hut.

! Note

NOTE ON THE USE OF FOREST ROADS

Use is permitted from June 1st to September 15th from 9 am to 6 pm & from September 16th to October 31st from 9 am to 5 pm(summertime) at your own risk.

- Use only approved, marked routes.
- Forest roads are operational areas. Expect wood on the road, grazing livestock and motor vehicle traffic.
- Particular attention should be paid to motor vehicles and pedestrians.
- Decrease your driving speed in front of confusing or dangerous places.
- It is only the cycling with appropriately equipped (bicycle definition according to the StVO) and for the respective route suitable wheels allowed. Bicycling children up to the age of 12 must wear appropriate protective equipment in accordance with the cycling helmet requirement of the StVO.



»Culinary
at the
Mountain.«

*LUDL
ALM*

Location: Directly on the Preber lake
Open: year-round (except November)
Overnight stay: yes

Christine & Ulrich Antretter
Phone: +43 (0) 6474 7552
www.ludlalm.at

*GRAZER
HUT*

Location: ca. 1,5h walk from the lake
Open: Mai – October
Overnight stay: yes

Andrea & Christian Dengg
Phone: +43 (0) 664 24 22 349
www.grazer-huette.at

*HALTER
HUT*

Location: ca. 1h walk from the lake
Open: June – September
Overnight stay: no

Melanie & Fredi
Phone: +43 (0) 664 48 27 933

*PREBER
HOF*

Location: ca. 45 min. from the lake
Open: year-round
Overnight stay: yes

Preberhof Berg-Juwel
Telefon: +43 (0) 664 23 56 033
www.preberhof.at

EVENT TIP SINGERS & MUSICIANS HUT TRIP
SO 18.08.2019, starting at 09:00 Uhr

ARRIVAL AND TRAFFIC



The Preber lake can be reached by car or by the valley bus from Tamsweg and Krakau.

PARKING:

Parking spaces at the Preber lake

Please note that on nice days the parking space capacity is partly overloaded. Parking at the roadside is expressly prohibited. Please use the bus.

BUS TIMETABLE

740 TAMSWEG - PREBERSEE

Tamsweg market place	08:56	12:56	16:25
Preber lake Ludlalm	09:10	13:10	16:39

740 PREBERSEE - TAMSWEG

Preber lake Ludlalm	09:21	13:21	16:47
Tamsweg market place	09:34	13:34	17:00

895 KRAKAU - PREBERSEE

Krakau Hintermühlen	08:50	12:50	16:25
Preber lake Ort	09:10	13:10	16:45

895 PREBERSEE - KRAKAU

Preber lake Ort	09:12	13:12	16:45
Krakau Hintermühlen	09:27	13:27	17:05

The timetable is valid from July 6th to September 8th 2019.

Discount for the bus 740:

- Lungaukarte for locals € 1,- per trip
- Lungaucard for guests € 1,- per trip



Behaviour rules in the Preber region

THE PREBER LAKE AND THE PREBER AREA ARE LOCATED IN A NATURE RESERVE WITH A SENSITIVE ECOSYSTEM.

PLEASE OBSERVE THE RULES OF CONDUCT AND THE SIGNANGE IN SITE.



USE SIGNPOSTED PATHS AND DECLARED AREAS!

Please stay on the signposted paths and only use the declared swimming areas. The low-nutrient moor lake is sensitive to pollution and entries of nutrients. Especially the moor meadows and the peat-rich shore areas are very sensitive and should not be entered, to avoid serious harm to the sensitive ecosystem.



TAKE YOUR WASTE AND DISPOSE IT IN THE BIN!

Weather from an aesthetic or ecological point of view, littering has no place in nature or on mountains, it should be disposed in the valley or in suitable bins. To preserve this special place, please act self-responsibly and nature-friendly. Take your waste and be an example for other visitors.



MIND THE BEHAVIOUR RULES AROUND GRAZING ANIMALS!

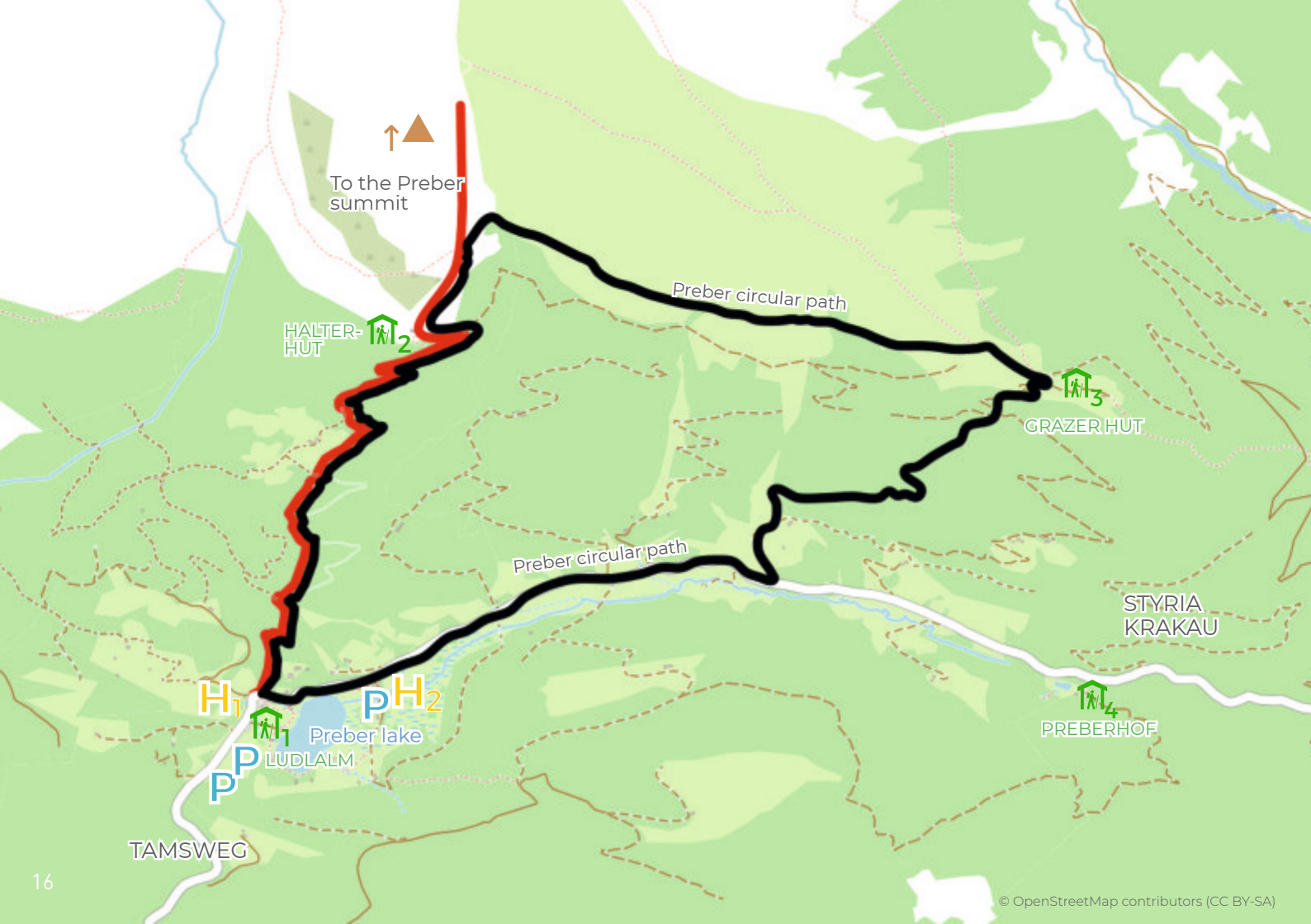
The whole Preber region is used for alpine farming. Therefore there is a possibility to cross paths with grazing animals. Farmers, tourism and public institutions are interested in a conflict-free enjoying of Austria's mountain pastures. Please make a contribution to avoid conflicts and mind the 10 rules on how to behave around grazing animals.

FOR A RESPECTFUL INTERCONNECTION



10 RULES ON HOW TO BEHAVE AROUND GRAZING ANIMALS


- Avoid contact with grazing animals, do not feed them and keep a safe distance!
- Stay calm and quiet – do not startle grazing cattle!
- Mother cows instinctively protect their young. Therefore, keep dogs away from mother cows at all times.
- Always keep dogs under control and on a short leash. If you think you are going to be attacked by a grazing animal, let go of the leash immediately!
- When crossing alpine pastures, always stay on the path!
- Walk around grazing animals leaving as much space as possible!
- If grazing animals approach you, stay calm, do not turn your back, move out of their way.
- Leave the pasture quickly as soon as you see early signs that the grazing animals are becoming nervous or restless!
- Do not climb over fences. If there is a gate, use it. Make sure you then close it properly behind you and cross the pasture quickly!



MAP - PREBER REGION & PREBER LAKE

 Preber mountain tour

 Preber circular path

 moor educational trail

 Swimming area

 Preber summit

 Shooting range


 Parking areas

 Busstation Ludlalm / 740

 Busstation Preber Ort / 895

 Public toilets

 Ludlalm

 Preber Halter Hut

 Grazer Hut

 Preberhof Berg-Juwel





WINTER IN THE PREBER REGION

Mountain SKI TRAIL

The starting point of the cross-country ski trail is near the Ludlalm. At the beginning the ski trail runs around the Preber lake and along to the east through alpine terrain. Just before the Preberhof, the turning point is reached. A ski trail leads directly to the inn. The way back leads you to the right site of the river „Feisterbach“ back to the starting point. For athletic cross-country skiers there is a trail for skating technique with a length of 6 kms.

Winter HIKING

Just enjoy the gorgeous snowy landscape of the Lungau! In Tamsweg and at the sports and leisure area Preber lake you can choose many different winter hiking tours through the romantic winter landscape. Around the Preber lake a winter hiking path was created, that offers the possibility to experience the untouched nature at the preber area.



A spectacular holiday experience is a skitour to the top of the Preber mountain. The Preber is one of the most popular destination for skitours in the eastern alps and attracts a lot of skifans. After the exhausting climbing, you can enjoy the untouched powder snow. Because of the good snow conditions, skitours are possible even in the spring. Trained athletes can compete in the competition „Preber Run“, every 2nd Sunday in March.

Sledding - Fun for the whole family at the natural sled run on the Preber mountain. Near the Preber lake there is an agricultural road that offers a perfect sled run with a length of 2.8 km. To provide unforgettable enjoyment to our guests, we prepare the sledding trail with machines.

Interreg
CENTRAL EUROPE



CEETO

European Union
European Regional
Development Fund

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**Marktgemeinde
Tamsweg**



Gemeinde Krakau
Krakaudorf - Krakauhintermühlen - Krakauschatten