

PREBER

SPORTS AND LEISURE REGION

Winter at the Preber

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»Connecting
MOUNTAIN.«



THE LAKE PREBER



*»An alpine
moor lake
at 1.514m
above sea level.«*



Nature and habitat

The lake is surrounded by wet and moor border meadows as well as upland and transitional moors that offer habitat for several animals and plants. The pine upland moor in the east of the lake is one of the most valuable habitats in this area. As moor lake, the Lake Preber has a very special water quality. Few mineral salts make the water very soft and the acids from the peat stain it brown. Lack of light in the deeper layers makes it difficult for aquatic plants to thrive. The low oxygen content of the water means that self-cleaning of the lake takes a very long time in the case of soiling of any kind. Hence, a careful use is necessary.

LOCATION & SURROUNDING

Nestled in a friendly sunspot lies the 5.6 hectare large, mysterious Lake Preber. It is part of the landscape conservation area „Lower Tauern“, a hilly and moors-dominated forest area. The alpine bog lake at 1,514 m above sea level is one of the natural gems in the UNESCO Biosphere Reserve Salzburger Lungau. A striking contrast to the gentle moor landscape is the 2.740 m high Preber, one of the highest peaks of the Schladminger Tauern. Accordingly, one can therefore let his eyes wander in clear weather.



A woman wearing a bright yellow quilted jacket and a brown knit hat with a pom-pom is sitting on a snowy slope. She is pointing her right hand towards a vast, snow-covered mountain range in the distance. The landscape is a winter wonderland with evergreen trees in the foreground and a small wooden cabin nestled among them in the middle ground. The sky is a clear, vibrant blue with a few wispy white clouds. The overall scene is peaceful and scenic, capturing the beauty of a winter day in a mountainous region.

A WINTER in nature

*The Preber area
in the heart of the Lower Tauern*

Whether ski touring, cross-country skiing, tobogganing or hiking, the sports and leisure region on the Preber offers in winter for nature lovers and sports enthusiasts numerous activities in a breathtaking natural landscape.

Winter hiking...

AROUND THE LAKE PREBER

Enjoy the romantic snowy Lungau winter landscape during a winter hike in the Preber area! Around the Lake Preber a special winter hiking trail has been created, which offers you the opportunity to experience the untouched nature in the area around the Lake Preber up close. Enjoy the view on the easily walkable and perfectly prepared winter hiking trail around the Lake Preber. Snowshoe hikers also have plenty of opportunities to explore the Preber area.



STAR Hikes

Let yourself be carried away to the enchanting world of stars at a star hike with our biosphere reserve Fex Othmar Ortner. In the Preber area is a particularly good place to watch the starry sky. The reason for this is the low light pollution.

GUIDED STAR HIKES AT THE PREBER

NEXT DATES

07.12.2019 | 17:30 bis 19:30
18.01.2020 | 05:30 bis 07:30
28.02.2020 | 21:30 bis 23:30

MEETING POINT:

Parking area Ludlalm

GUIDE:

Othmar Ortner

INFO & REGISTRATION:

TVB Lungau - Tel.: +43 (0)6474 2145

Participation is free.

CROSS-COUNTRY SKIING



Preber ski trail

Enjoy the fresh air and the beautiful nature on cross-country skis. Around the Lake Preber a beautiful, snow-sure cross-country ski run is waiting on nature lovers. At an altitude of 1.100 to 1.500 meters above sea level, every cross-country skiing enthusiast can find everything they long for. The classic trail of this trail has a length of 9 km and leads through snow-covered pastures and meadows. For sports-minded cross-country skiers, a perfectly groomed skating track with a length of 6 km is available.

ROUTE

Start is near the Gasthaus Ludlalm. First, the trail leads around the Lake Preber, then continue in an easterly direction through slightly cropped pastures and meadows. In front of the Gasthof Preberhof Berg-Juwel you reach the turning point. From there, a branch line leads directly to the inn. The way back leads you back to the starting point on the right side of the Feister creek.

Classic: 9 km

Skating: 6 km



TOBOGGAN FUN



PREBER TOBOGGAN RUN

A special fun for the whole family is tobogganing on the natural toboggan run on the forest road near the Lake Preber. The natural toboggan run leads from Preber-Halterhütte to Ludlalm and has a length of 2.8 km. In order to give our guests a carefree pleasure, the toboggan run is prepared by machine. Toboggans can be borrowed for free from the Ludlalm.

Länge: 2,5 km
Toboggan hire: Ludlalm



SKITOUR

PREBER SKITOUR

A breathtakingly beautiful holiday experience is a ski tour on the Preber. The Preber is not only the most famous touring mountain of the Salzburg Lungau, but also one of the most popular ski tour destinations in the Eastern Alps. The safe snow situation makes it possible to do wonderful ski tours until spring.

Distance: 4,97 km
Summit: 2.740 m
Duration: ca. 3,5 h
Difficulty: medium



SKI TOUR TO THE PREBER SUMMIT

ASCENT: The starting point is the parking lot at Lake Preber (ascent also possible from Lessach). From there it goes up the prepared toboggan run to a gate and from there on, following the summer marker, through the high forest, past the Prodingeralm to Preber-Halterhütte. Now it goes over the steep, free Giant slope, up to the pre-summit on the left, slightly pronounced Roßcharte and on to the summit cross.

DESCENT: The descent leads along the ascent track over the wide southern flank of the mountain down to the Prodingeralm. Here you leave the ascent track to the right and go down a track to the Eberlalm, leading back to Lake Preber (departure also possible to Lessach).

TIP:

For enthusiastic ski tourers, the Preber run takes place annually on the 2nd Sunday in March.



SAFETY ON THE MOUNTAIN

It must be pointed out that, despite all the technical support devices, only the personal assessment of the danger due to appropriate observation of nature, information from experienced locals, innkeepers and mountain guides minimize the risk of accidents right from the start. The responsibility for a safe tour choice is left solely to the tourist!!

The current avalanche situation report is available on ORF Teletext page 615, at the phone number +43 (0) 662 8042 2170 or on the website www.lawine.salzburg.at.

The mountain safety guide with interesting information is available for free on the website www.tourist-online.de/bergsicherheits-guide.



» GASTRONOMY
on the
mountain.«

LUDL
ALM

Location: directly at the Lake Preber
Open: all year around (except November)
Overnight: yes

Christine & Ulrich Antretter
Phone: +43 (0) 6474 7552
www.ludlalm.at

PREBER
HOF

Location: approx. 45min walk from Lake Preber
Open: all year around
Overnight: yes

Preberhof Berg-Juwel
Phone: +43 (0) 664 23 56 033
www.preberhof.at

ARRIVAL & TRAFFIC



The Lake Preber can be reached by car or bus line 740 from Tamsweg.

PARKING:
Parking lot at Lake Preber

Please note that on nice days the parking capacity is partly overloaded. Parking on the roadside is expressly prohibited! Take advantage of the bus offer!

BUS TIMETABLE

LINE 740
from 21.12.2019 to 13.04.2020

740 TAMSWEG - LAKE PREBER

Tamsweg Postplatz	10:02	11:02	13:02
	14:02	15:02	
Lake Preber Ludlalm	10:17	11:17	13:17
	14:17	15:17	

740 LAKE PREBER - TAMSWEG

Lake Preber Ludlalm	10:30	11:30	13:30
	14:30	15:30	
Tamsweg Postplatz	10:49	11:49	13:49
	14:49	15:49	

REDUCTIONS:

- Lungau card for locals € 1,- per trip
- LungauCard for guests € 1,- per trip



A GUEST IN NATURE

WE ASK ALL VISITORS TO STAY ON DESIGNATED ROUTES AND TO BEHAVE RESPECTFULLY AND ATTENTIVELY!

RESPECT YOUR LIMITS

Whenever we travel in nature, we should be aware that this is the habitat of our wildlife. Especially in the dreamy but cold winter time, the living conditions for these harder, especially in increasing height. The actual evasion areas, the valleys, are inhabited by us humans. The retreats become less. Even if we often do not see the animals, it does not mean that they are not there. Camouflage and hiding are essential survival strategies of most wildlife in our forests and mountains.

Tip: Information on designated ski tours and wild quiet areas can be found in the ski tour guide of the Ferienregion Lungau. Available in all tourism associations in Lungau.



FOR A RESPECTFUL INTERCONNECTION



TAKE WASTE WITH YOU & DISPOSE IT

Whether from an aesthetic or ecological point of view. Waste has lost nothing in nature and on the mountain and should be disposed of in the valley or in designated containers (rubbish bins). In order for us all to be able to enjoy this beautiful spot in the future, please act in a self-responsible and nature-friendly way. Take your waste back and be a role model to others!

MAP PREBER AREA AND LAKE PREBER

↑▲
Direction
Preber summit

HALTER-
HÜTTE  2

STEIRISCHE
KRAKAU

H₁
P
P
LUDLALM

PH₂

 3
PREBERHOF

TAMSWEG

LEGEND OF MAP

 Toboggan run

 Winter hiking trail

 Bus stop Ludlalm /740

 Ludlalm

 Ski trail classic

 Preber summit

 Bus stop Preber Ort /740

 Preber Halterhütte

 Ski trail skating

 Parking

 Public toilets

 Preberhof Berg-Juwel



SUMMER AT THE PREBER



The moor nature trail

In summer, the moor nature trail around Lake Preber invites you to an exciting and informative circuit. Several boards inform about the flora and fauna as well as the history of the area. The trail is suitable for wheelchairs and strollers.

Hiking

The Preber area invites you to wonderful walks in nature. Whether on the hut hiking tour, around the Lake Preber or the Preber summit tour. Hiking enthusiasts can find everything they long for.

Preber Summit tour

At 2.740 m, the Preber is one of the highest peaks of the Lower Tauern. The starting point of the summit tour is the Ludlalm near Lake Prebersee. After about 1 hour you reach the Preber-Halterhütte, which is managed in summer. From there it goes above the tree line to the Roßscharte and on to the Preberg summit.



Mountain Biking

Even with the mountain bike can explore the Preber Area. The challenging Preber round leads from Tamsweg via Sauerfeld to Lake Preber. From there we continue to Lessach and via Haslach and Wölting back to Tamsweg. The length of the track is 35.9km.

Swimming

The Lake Preber is often used for swimming in summer. As it is a protected area, swimming is only allowed at three marked lake entrances. Please note that at public bathing areas there is a bathing ban for dogs and they have to be kept on leash.

Fishing

The Lungau is known for its natural waters. Also on Lake Preber there is the possibility to fish. If you want, you can get a fishing license and try your luck. Fishing maps and information are available at the TVB Lungau, in the Gasthaus Ludlalm or at the municipality office of Tamsweg.

»SUMMER
in
NATURE.«

UNESCO BIOSPHERE RESERVE

CEETO PROJECT

Since 2017, the Biosphere Reserve Salzburg Lungau is a partner in the Central Europe Interreg project CEETO, which is dedicated to the topic of visitor guidance. The aim of this project is to promote sustainable tourism in protected areas. The Biosphere Reserve Salzburg Lungau intensively focuses on raising awareness of the special features of our region.

More information at:
www.interreg-central.eu/CEETO





UNESCO Biosphere Reserve Salzburger Lungau

Since 2012, the Lungau together with the Carinthian Nock Mountains, a UNESCO biosphere reserve, the largest and one of four in Austria. This international recognition stands for special habitats in which humans live in harmony with nature, work and manage and underlines the special natural and cultural landscape qualities of these regions. Biosphere reserves are model regions for sustainable development, whose goal is to preserve natural and cultural diversity and to further develop the region together with the people living here. The Lungau focuses on the five areas of „Agriculture, Economy and Tourism“, „Education and Research“, „Social and Culture“, „Energy and Mobility“ and „Nature and Space“.



UNESCO BIOSPHERE RESERVE SALZBURGER LUNGAU

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www.biosphärenpark.eu

Interreg
CENTRAL EUROPE



CEETO

European Union
European Regional
Development Fund

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UNESCO
BIOSPHERENPARK
Salzburger Lungau



Krakau DIE STEIRISCHE



Marktgemeinde
Tamsweg

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